

Give yourself **the advantage** of our experience.

## The Oregon Clinic Gastroenterologists

- Focus on data-driven medicine, evidence and outcomes
- Invest in state-of-the-art technologies for optimal care
- Provide and share a common electronic medical record to facilitate continuity of care with your primary care physician
- Are experienced, fellowship trained and board certified in gastroenterology
- Provide immediate reports with complete photo documentation
- Offer an exclusive Easy/Direct Access Program. If you qualify, you need not schedule a preliminary appointment with a specialist. Instead, you go directly to your screening procedure at the appointed time and place.



### The Oregon Clinic Portland GI

1111 NE 99th Ave, Ste 301  
Portland, OR 97220  
**503-963-2707**

### The Oregon Clinic West Hills GI

9701 SW Barnes Rd  
Portland, OR 97225  
**503-297-8081**

**The Oregon Clinic** is one of the largest private specialty physician practices in Oregon, with more than 30 medical specialties and sub-specialties.

## Insurance or other questions?



Expect courteous, responsive service. If you have insurance related questions, contact The Oregon Clinic Business Office. The operator will direct you to the appropriate Insurance Specialist who can assist you. Call **503-236-0775**.

## Your next steps...

- Visit [www.orclinic.com](http://www.orclinic.com) for more information
- Talk to your primary health care provider
- Call to see if you qualify for our convenient Easy/Direct Access Program
- Schedule your colonoscopy at either of these locations:

**Portland GI**  
**503 963-2707**

**West Hills GI**  
**503 297-8081**

**THE OREGON CLINIC** | Specialty Medicine with Commitment, Care & Compassion

**GASTROENTEROLOGY**

One minor invasion of privacy could **save your life.**



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**GASTROENTEROLOGY**

[www.orclinic.com](http://www.orclinic.com)



## One close look could be the key To your best possible life. To your most satisfying health.

### Facts about colon cancer:

- Colon cancer is the third most common cancer in the United States
- Colon cancer is the second leading cause of cancer deaths in the U.S. each year
- At age 50, an American has a 5.6% lifetime risk of developing colon cancer

For details about the screening procedure and more information about risk factors, visit [www.orclinic.com](http://www.orclinic.com)

### Easy/Direct scheduling — patient convenience at its best

Our Easy/Direct Access Program saves you time and makes planning for your colonoscopy easier. If you are a healthy adult, this patient-friendly brief telephone pre-screening may allow you to arrive directly for your colonoscopy appointment without the usual preliminary specialist visit.

[www.orclinic.com](http://www.orclinic.com)

**The best of life can truly begin after 50.** To help you enjoy your best possible health throughout your lifetime, The Oregon Clinic Gastroenterologists encourage adults age 50 and over to schedule a colonoscopy.

Colonoscopy is recognized by the U.S. Preventative Service Task Force as the most effective method for early detection and prevention of colon cancer. The effectiveness of colon cancer screening with a colonoscopy depends on well-trained experienced physicians.



### Here are answers to some of the most frequently asked questions about the procedure.

#### Q. What is colonoscopy and why is it important?

- A.** Colonoscopy is a screening technique that enables your doctor to examine the lining of your colon (large intestine) for abnormalities.

It is the best screening technique for early detection of precancerous polyps and for early diagnosis of colon cancer. Early diagnosis dramatically improves both survival and quality of life. Colonoscopy can detect colon cancer with more than 90% accuracy and confirm the diagnosis via biopsy.

#### Q. How does colonoscopy help with prevention?

- A.** Colon cancers usually begin as benign (precancerous) polyps. Over time, some polyps can turn into cancer. When doctors perform a colonoscopy, they usually remove all polyps and test them. Colonoscopy allows physicians to detect and remove polyps with a high degree of success.

#### Q. Why would I schedule a colonoscopy now?

- A.** Most often, colonoscopy is recommended as part of a routine physical for adults at average risk when they reach age 50 and afterward at 10-year intervals. When your primary health care provider recommends a colonoscopy, that's the time to schedule the screening. If your doctor has not talked to you about colonoscopy and you are 50 or older, be your own advocate. Talk to your physician.

### Ask about Advanced Sedation

Be sure to ask about *Advanced Sedation*. Many patients report that this nurse-administered sedation prior to the procedure provides increased comfort throughout the screening and allows for a more rapid recovery afterward.